



HACKNEY RFC • MINIS & JUNIORS • 2026/27

WELCOME TO HACKNEY RFC

Under 6 to Under 16 • Two weeks of free rugby • No experience or kit needed

SUNDAYS

10:00–11:30

September to April

Spring Hill, London E5 9BL

BEFORE YOUR FIRST SUNDAY

Required before your child plays • about 15 minutes online

1 Register on RFU GMS

Parent and child each need an account.
Select Hackney RFC as your club.

gms.rfu.com/GMS/Hackney



2 Join the club on Teamo

Needs your GMS IDs. Add medical,
emergency and photo consent details.

teamo.chat/club/register/hackneyrfc



COME AND PLAY

Arrive by 09:45 and tell the
coach it is the first session.
Nothing to pay for two weeks.

A TYPICAL SUNDAY

09:45 Arrive, find your age group, register taken on Teamo

10:00 Warm-up, skills, then games

11:30 Session ends (varies slightly by age group)

After **FREE HOT DOGS** after games

WHAT TO BRING

- ☐ Boots with moulded studs, or trainers for the first few weeks
- ☒ **Gumshield — compulsory from Under 9**
- ☐ Warm layers, a waterproof, a change of clothes and a named water bottle
- ☐ No club kit needed to start

OUR TEAMS 2026/27

Age group set by school year on 1 September

MINIS — BOYS AND GIRLS TOGETHER

U6

Year 1
Tag

U7

Year 2
Tag

U8

Year 3
Tag

U9

Year 4
Contact starts

U10

Year 5
Contact

U11

Year 6
Last mixed year

No gumshield needed

Gumshield compulsory

JUNIORS — BOYS

U12

Year 7
Boys

U13

Year 8
Boys

U14

Year 9
Boys

U15

Year 10
Boys

U16

Year 11
Boys

U12 Girls

Years 6–7
Girls only

JUNIORS — GIRLS

All junior teams play contact (gumshield compulsory). **Midweek:** all junior teams also train after school from U11.

COST

£14 a month, direct debit

Membership **£11.50**

Voluntary donation **£2.50**

Donation optional. Gift Aid adds 25%.

CLUB KIT

New: club kit shop (Linea Sportswear).
UK made to order — allow 4 weeks.

Second-hand: parents' kit exchange
WhatsApp group.

hackneyrfc.co.uk/kit-stash

JUNIOR FELLOWSHIP FUND

No child is turned away because of cost.

Full or partial help with subs and kit for
low-income families, in confidence.

membership@hackneyrfc.co.uk

SAFEGUARDING

All coaches, team managers and first aiders hold an RFU Enhanced
DBS and safeguarding and concussion training.

Club Safeguarding Officer: Mary Impey

safeguarding@hackneyrfc.co.uk

WHAT WE ASK OF PARENTS

- U6–U11 parents stay at the ground during sessions
- Support every player and respect the referee
- Keep medical and contact details up to date on Teamo
- Tell the team manager if your child will miss a session

Questions chair.juniors@hackneyrfc.co.uk

Volunteer hackneyrfc.co.uk/volunteers

Full guide hackneyrfc.co.uk/joining-us-juniorsandminis

INCLUSIVE • FRIENDSHIP • COMMUNITY • RESPECT • WELCOMING

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