

For mental health resources, we suggest using these two links. Looseheadz is formally partnered with RFU RugbySafe.

<https://looseheadz.learnworlds.com/course/looseheadz>

<https://looseheadz.co.uk/pages/help-support>

This is a volunteer recognition programme, run by the RFU

<https://www.englandrugby.com/participation/volunteers/honda-volunteer-recognition-programme/how-to-nominate>